



feels like

PERSONAL
SPACE



looks like

sounds like



SITTING/STANDING NICELY BY YOURSELF

UNCROWDED

HANDS TO YOURSELF

HAPPY AND FRIENDLY

SAFE

I AM RESPECTING OTHERS AND I FEEL RESPECTED

COMFORTABLE

SAFE, FRIENDLY AND HAPPY

SPACIOUS—NOT SQUISHY

"PLEASE RESPECT MY PERSONAL SPACE"

KIND AND POLITE

FRIENDLY VOICES

PEACEFUL



safe choices

unsafe choices



Pushing someone

Putting my nose on other people

Keeping my body to myself

Saying "excuse me" when I would like someone to move

Sitting near a friend, but not too close

Licking other people

Keeping my hands to myself in line

Touching others during mat time

Grabbing other people

Walking around people who are in my way

Pushing someone

Staying in my spot on the mat

Hugging someone without asking them first

Asking if you can touch someone's bracelet

Talking really close to someone's face

Asking someone if you can hug them